

## SEPTEMBER 2025 – BREAKFAST ELEMENTARY, MIDDLE & K8 SCHOOLS

\*Assorted milk and lactose-free milk is served daily.  
All students in Richmond County eat at no cost.

This institution is an equal opportunity provider.

Offer Vs Serve – Students must have 3 food items, including at least 1/2 cup fruit or juice. May have meat/meat alternate, grain, fruit, juice, and milk.

The menu is subject to change due to product availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1  HAPPY LABOR DAY! 	2 Homestyle Happy Waffles w/ Syrup Strawberry Bagels Poptarts Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	3 Ham & Cheese Croissant Muffins Cereal Bar w/ Breakfast Crackers *Assorted Fresh Fruit Assorted Chilled Fruit Juice	4 Rainbow Parfait or Yogurt Breakfast Mix Glazed Pull-Apart Donut Cereal Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	5 Sausage Biscuit Managers Choice Poptarts *Assorted Fresh Fruit Assorted Chilled Fruit Juice
8 Chicken Biscuit Mini Pancakes Cereal *Assorted Fresh Fruit Assorted Chilled Fruit Juice	9 French Toast Sticks Breakfast Bento Box Poptarts Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	10 Bacon, Egg & Cheese English Muffin Honey Bun Cereal Bar w/ Breakfast Cracker *Assorted Fresh Fruit Assorted Chilled Fruit Juice	11 Fruit Smoothie w/ Breakfast Cracker or Yogurt Breakfast Mix Chocolate Mini Donuts Cereal Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	12 Sausage Biscuit Managers Choice Poptarts *Assorted Fresh Fruit Assorted Chilled Fruit Juice
15 Chicken Biscuit Apple Frudel Cereal *Assorted Fresh Fruit Assorted Chilled Fruit Juice	16 French Toast w/ Bacon Breakfast Snack Bag Poptarts Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	17 Pancake Sausage Wrap Cinni Minis Cereal Bar w/ Breakfast Cracker *Assorted Fresh Fruit Assorted Chilled Fruit Juice	18 Peaches & Cream Parfait w/ Granola or Yogurt Breakfast Mix Powdered Sugar Donut Cereal Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	19 Sausage Biscuit Managers Choice Poptarts *Assorted Fresh Fruit Assorted Chilled Fruit Juice
22 Chicken Biscuit PBJ Uncrustable Cereal *Assorted Fresh Fruit Assorted Chilled Fruit Juice	23 Homestyle Happy Waffles w/ Syrup Strawberry Bagels Poptarts Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	24 Ham & Cheese Croissant Muffins Cereal Bar w/ Breakfast Crackers *Assorted Fresh Fruit Assorted Chilled Fruit Juice	25 Rainbow Parfait Glazed Pull-Apart Donut Cereal Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	26 Sausage Biscuit Managers Choice Poptarts *Assorted Fresh Fruit Assorted Chilled Fruit Juice
29 Chicken Biscuit Mini Pancakes Cereal *Assorted Fresh Fruit Assorted Chilled Fruit Juice	30 French Toast Sticks Breakfast Bento Box Poptarts Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	Vegetarian options offered daily.	Learn more about Richmond County's Wellness Policy plans & how to participate at <a href="#">Nutrition Services / Wellness Policy (rcboe.org)</a>	*Georgia-grown and locally sourced products and ingredients are offered regularly

